

TO: Athletic Administrator, Athletic Director & Athletic Secretary
Boys Swimming & Diving Coach(es)
Girls Swimming & Diving Coach(es)

FROM: Mike Ginsburg (logistics), Joe Stubnar (meet entries), Pattie Dack (results) & Trisha Buescher (Diving), Meet Directors
Ted Branson, Commissioner of Officials (NNOA – Swimming)
Donnie Nelson, NIAA Meet Coordinator
Mike Freeman and Tami Jennings, Carson Aquatic Facility Hosts
Monica Weaver (Scheduler), 4A Northern Region Sport Commissioner

2017 NIAA 3A–4A Northern Region Swimming & Diving Championships -- meet information packet

The 2017 Nevada Interscholastic Activities Association's Class(es) 3A and 4A Northern Region (girls & boys) Swimming and Diving Championship meets, presented by the ***Les Schwab Tire Centers***, will be contested Wednesday, May 10th (*diving finals at Lombardi Recreation Center, University of Nevada*), Friday, May 12th (*swimming trials at the Carson Aquatic Facility in Carson City*) and Saturday, May 13th (*swimming finals again at the Carson Aquatic Facility in Carson City*).

FACILITIES

The Lombardi Recreation Center on the campus of the University of Nevada, Reno, will be used for the diving finals.

The Carson Aquatic Facility is located at 841 N. Roop Street in Carson City (corner of Highway 50 & Roop, at the west end of Mills Park). The phone number to the facility is 887-2242. The CAF features a 16-lane, 25-yard pool. A fully automatic timing system will be used. An eight-place readout board will display unofficial (instant) results. An outer area of the pool will be available for continuous warm-up and cool-down during the swimming meet. The web site is: <http://www.carson.org/Index.aspx?page=919>.

RULES

The 2017 NIAA Northern Region Swimming & Diving Championships meet will be governed by NFHS rules book except where outlined differently in this meet information packet. This meet information packet serves as the binding rules document for this meet.

****** PARTICIPATION REQUIREMENT ******

Each student-athlete must have competed in at least ***three (3)*** meets during the 3A / 4A Northern Region's regular-season dual-meet schedule and have met the region's minimum qualifying time standard for a particular event to be eligible to compete in this region championship meet.

ENTRY REGULATIONS & DEADLINE

Entries are to be submitted on approved forms as distributed by the Meet Directors. Coaches are responsible for completing the forms accurately and submitting them by ***12:00 p.m. on Sunday, May 7, to JOE STUBNAR at e-mail address stubnar@gmail.com***.

The entry forms must be completed with school name, individual first and last names, event number(s) and a 2017 Nevada-based qualifying time for each entry.

Please note the following:

1. Late entries will not be accepted.
2. No changes will be accepted over the phone.
3. Communications from parents will not be accepted.
4. No entries will be changed at the meet.
5. No entries will be added at the meet.
6. Names of relay members and their swim positions must be listed on the entry form. Please use the 1, 2, 3, 4 designation for probable swimmers and the A1, A2, A3, A4 designation for alternates.
7. DIVERS must be included on the entry form.

ENTRY SPECIFICS

Again, entries are to be submitted on approved forms as distributed by the Meet Directors. Coaches are responsible for completing the forms accurately and submitting them by **12:00 p.m. on Sunday, May 7, to JOE STUBNAR at e-mail address stubnar@gmail.com** .

1. Submitted qualifying times must be listed for each entry. Times must be from 2017 official Nevada (in-state) high school meets only. Do not use time trials, U.S.A. times, etc.
2. * Rule 3, Section 1, Article 1 ... In championship meets, each team shall be permitted a maximum of four entries in an individual event and one team in a relay event.
3. * Rule 3, Section 2, Article 1 ... A competitor shall be permitted to enter a maximum of four events, no more than two of which may be individual events.
4. Divers must be entered on your team relay form. Diving counts as an individual event.
5. Relay entry times are to be a conglomerate of best individual times added up OR best posted relay time of all entrants who swam in that relay during the 2016 official high school season.
6. Coaches will be required to designate their four relay participants at the coaches meeting prior to the start of the finals meet Saturday. Late entries will not be accepted. Changes may not occur after that time except in the case of injury or illness, or when a referee forces a competitor to withdraw (Rule 3-2-4).

SPECIAL NOTE – new for 2012 - 2017 – REGARDING SCRATCHES from the Region meet to the State meet

If a swimmer scratches from an individual event after results from the (three) region meets are submitted to the NIAA staff, that swimmer is automatically withdrawn from any event(s) after that individual event. Swimmers may request to **not** be entered in an individual event for the state meet so long as that declaration is made within 60 minutes from the end of competition at the region meet. There is no penalty if such a request is made in time.

Once the state entry list is published, if any swimmer voluntarily scratches from an individual event the swimmer can't be replaced by a swimmer from the same team.

NORTHERN REGION DIVING FINALS – WEDNESDAY, MAY 10
@ LOMBARDI RECREATION CENTER, University of Nevada, Reno

Pool will open for warm-ups at **6:30 p.m.** // Diving competition will begin at **7:30 p.m.**

COACHES MEETING

A mandatory coaches meeting will take place prior to the start of the meet.

DIVING FORMAT

The diving format will follow National Federation (NFHS) rules as indicated below:

Rule 9, Section 4, Article 1 ... In championship meets, the competition shall consist of five (5) voluntary and six (6) optional dives.

- a. The five voluntary dives shall come from each of the five groups, with their assigned degree of difficulty and have a sum total of 9.0 or less.
- b. The six optional dives shall include at least one chosen from each of the five groups. No more than one optional dive from the same group is permitted through the semi-finals.
- c. All five groups must be represented in the first eight rounds.
- d. The dives to be performed during each round shall be:

PRELIMS

Any 2 voluntary & 3 optional

SEMIFINALS

2 voluntary & 1 optional

FINALS

1 voluntary & 2 optional

DIVING QUALIFICATIONS FOR STATE

The top three (3) divers out of both the 3A and 4A Northern Region championship meets advance to the 2017 NIAA Class(es) 3A & 4A Nevada State High School Championship meet provided each meets the diving standard:

The diving referee (**TRISHA BUESCHER**) at each respective region meet must certify (with signature on diver's list) that the top divers (up to three) are able, in his/her opinion, to perform a full 11-dive list.

A panel of five (5) judges will be used to judge the diving competition.

NORTHERN REGION SWIMMING TRIALS – FRIDAY, MAY 12
@ CARSON AQUATIC FACILITY

Pool will open for warm-ups at **12:00 p.m.**

Swimming competition will begin at **1:00 p.m.**

NOTE: No relays will be contested on the trials day.

2017 Regional Meet Qualifying Times for the Class 3A

Girls Cuts	Event	Boys Cuts
33.79	50 Free	30.29
1:16.19	100 Free	1:09.29
2:54.19	200 Free	2:41.99
7:55.79	500 Free	7:33.19
1:29.29	100 Back	1:25.99
1:35.09	100 Breast	1:30.49
1:26.79	100 Fly	1:25.79
3:06.49	200 I.M.	3:17.99

2017 Regional Meet Qualifying Times for the Class 4A

Girls Cuts	Event	Boys Cuts
30.49	50 Free	28.19
1:10.09	100 Free	1:05.59
2:38.09	200 Free	2:39.09
7:22.09	500 Free	7:42.39
1:19.59	100 Back	1:21.59
1:33.69	100 Breast	1:26.39
1:25.39	100 Fly	1:22.09
2:57.69	200 I.M.	3:02.49

ORDER OF EVENTS (3A Girls, 4A Girls, 3A Boys, 4A Boys)

Event #, Event Name (order: Girls (3A & 4A) – Boys (3A & 4A))

3-4, 200 yard Freestyle
5-6, 200 yard Individual Medley
7-8, 50 yard Freestyle

11-12, 100 yard Butterfly
13-14, 100 yard Freestyle
15-16, 500 yard Freestyle

19-20, 100 yard Backstroke
21-22, 100 yard Breaststroke

ORDER OF EVENTS (Class 3A Girls followed by 4A Girls; then Class 3A Boys followed by 4A Boys)

SWIMMING QUALIFYING FOR REGION FINALS

Class 3A competitors qualify for the finals' session by placing in the top eight (8) of their respective event from the trials' session contested the previous day. The 3A will NOT have a consolation finals round, just one finals race with eight finals' participants. Two alternates for each event will be selected from the 9th and 10th place times from the trials' session. In the event that an athlete cannot compete during the finals, the next athlete, by time, will advance into that place (and so on up the ladder).

Class 4A competitors qualify for the finals' session by placing in the top 16 of their respective event from the trials' session contested the previous day. The top eight athletes will compete in the championship finals. The remaining eight will compete in the consolation finals.

Two alternates for each event will be selected from the 17th and 18th place times from the trials' session. In the event that an athlete cannot compete during the finals, the next athlete, by time, will advance into that place (and so on up the ladder) and an alternate will be used in the consolation heat.

NORTHERN REGION SWIMMING FINALS – SATURDAY, MAY 13
@ CARSON AQUATIC FACILITY

Pool opens for warm-ups at **9:00 a.m.**

Swimming competition begins at **10:00 a.m.**

COACHES MEETING

A mandatory coaches meeting will take place 15 minutes prior to the start of the meet. Coaches must declare their four relay participants per event at this time.

ORDER OF EVENTS (Class 3A Girls finals only followed by 4A Girls championship final and then consolation final; then Class 3A Boys finals only followed by 4A Boys championship final and then consolation final)

1-2, 200 yard Medley Relay
(10-minute break)

3-4, 200 yard Freestyle
5-6, 200 yard Individual Medley
7-8, 50 yard Freestyle

9-10, DIVING (15-minute break will be observed)

11-12, 100 yard Butterfly
13-14, 100 yard Freestyle
15-16, 500 yard Freestyle
(10-minute break)

17-18, 200 yard Freestyle Relay
(10-minute break)

19-20, 100 yard Backstroke
21-22, 100 yard Breaststroke
(10-minute break)

23-24, 400 yard Freestyle Relay

SCORING for the Class 4A will be to 16 places -- Championship Final (top 8 competitors from trials advance to finals) and Consolation Final (remaining 8 competitors) – and to eight (8) places – Championship Final for top 8 competitors only – for the Class 3A boys & girls.

3A Individuals: 20 - 17 – 16 – 15 – 14 – 13 – 12 – 11

3A Relays: 40 – 34 – 32 – 30 – 28 – 26 – 24 – 22

4A Individuals: 20 - 17 - 16 - 15 - 14 - 13 - 12 - 11 - 9 - 7 - 6 - 5 - 4 - 3 - 2 - 1

4A Relays: 40 - 34 - 32 - 30 - 28 - 26 - 24 - 22 - 18 - 14 - 12 - 10 - 8 - 6 - 4 – 2

AWARDS

Medals will be awarded for 1st through 3rd place.

Trophies will be awarded to 1st-place teams.

SWIMMING QUALIFYING FOR STATE

Class 3A: The top three (3) individual finishers and the top three (3) relay teams per event advance to the 2017 NIAA 3A Nevada State High School Swimming and Diving Championships (also Saturday, May 20 @ the Carson Aquatic Facility in Carson City).

Class 4A: The top three (3) individual finishers and the top three (3) relay teams per event advance to the 2017 NIAA 4A Nevada State High School Swimming and Diving Championships (Saturday, May 20 @ the Carson Aquatic Facility in Carson City).

MISCELLANEOUS

OFFICIALS UNIFORM

The recommended official's uniform during 2017 championship swim meets is:

Dive/Swim Deck Officials will be in a NNOA / SNOA Swim Chapter white polo shirt with long navy blue pants or a navy blue shirt.

Meet Staff will wear a NNOA / SNOA Swim Chapter white polo shirt.

APPEALS/PROTESTS

A meet committee shall be formed to rule on any question or protest initiated by a coach or meet official. Judgment calls are not protest-worthy. The committee shall be comprised of the meet director, the swimming/diving meet referee and another knowledgeable swimming/diving person to be named by the meet director. All protests must be filed in writing and cite a misapplication of a rule (per the NFHS rule book). The decision of the meet committee is final.

COMPETITOR CONDUCT

Coaches are responsible for keeping their student-athletes in controlled areas. Athletes are to show exemplary behavior at all times. NIAA regulations for unsportsmanlike conduct will be enforced at all times.

DAILY ADMISSION PRICES

Adults, \$10

Students, \$5

Senior Citizens (62 & older), \$3

Children (8 & younger), Free

NIAA passes will be honored

QUESTIONS

Questions can be directed to the Meet Directors or the NIAA office
Pattie Dack @ 267-4322 or psdack@charter.net.
Carson City Aquatic Center @ 887-2243
NIAA @ 453-1012

ENTRIES: Entries are to be submitted on approved forms as distributed by the Meet Directors. Coaches are responsible for completing the forms accurately and submitting them by *12:00 p.m. on Sunday, May 7, to JOE STUBNAR at e-mail address stubnar@gmail.com* .

Class 4A Schools (12)

Bishop Manogue
Carson
Damonte Ranch
Douglas
Galena
Hug
McQueen
North Valleys
Reed
Reno
Spanish Springs
Wooster

Class 3A Schools (9)

Churchill County
Fernley
Incline
Lowry
North Tahoe
Sage Ridge
South Tahoe
Sparks
Truckee